THE ZEN ROOTS RITUAL LIBRARY

Presence Is the Practice

Poetic Invitations to Return to Yourself

Three poems from the forty, formatted for screen

Free with the book. No account required.

ZenRootsBeauty.com/library/presence

Presence is not
something you reach.
It is the steady
condition
of being here
without leaving.
You return
without arriving—
because nothing
asked you
to go.

You are not
floating
right now.
Contact is
clear.

You can remain
located
without holding
the position.
Here
does not slip
away.

WHERE TO GO NEXT

The Library

The whole shelf, grouped by what it holds.
Read in any order. There is no level to reach.

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